Food and Groceries Relief Guide

This guide has been prepared by VolunteeringACT.

Visit us at the Community Info Hub in the Griffin Centre, 20 Genge Street. You can also contact us via phone (02) 6248 7988 or email us at info@volunteeringact.org.au

Our Community Information Guides can be accessed at www.volunteeringact.org.au

Information in this guide is current as of 30 October 2026.

Food Relief Services in Canberra

Canberrans can access a range of free and low-cost food support services across Canberra for emergency food relief, free community meals, food pantries, and grocery assistance for individuals and families in need.

For immediate food relief, reach out directly to local providers including Comms@Work in Gungahlin and Tuggeranong, the Early Morning Centre and Roadhouse in Canberra City or the emergency assistance line at St Vincent De Paul.

Many services operate on specific days and may have eligibility requirements, so it is recommended that you contact the provider directly or visit their website for the most up-to-date information.

FIRST Canberra can also refer you to appropriate community organisations which may include other services such as utility bills support, transport vouchers and local crisis services.

Check out the FREE meals calendar below along with more information about local providers in the ACT Food Relief Network.

This information guide is an ACT Government funded initiative.

St Vincent De Paul (Vinnies) Emergency Assistance Line

Phone: 13 18 12 or (02) 6282 2722
Email: info@vinnies-cg.org.au
Operating hours: Mon-Fri 9am-3:30pm
Emergency relief with food assistance, clothing, furniture, budget support, assistance with utility bills, prescriptions, or back to school costs. When you call the Helpline, you will be directed to a St Vincent de Paul support service in your vicinity.

First Canberra, The Salvation Army

Phone: 1800 176 468 or 131 450 for an interpreter
Email: actcis@salvationarmy.org.au
Operating hours: Mon-Fri 9am-3:30pm
ACT's central intake and referral service (formally OneLink); can connect you with emergency relief, housing support, and other local crisis services.

Early Morning Centre

Phone: (02) 6247 5041
Email: emcadmin@canberracityuca.org.au
Operating hours: Mon-Fri 9am-2pm; Sat & Sun 9am-1pm
Offers daily breakfast and lunch services for people experiencing or at risk of homelessness, as well as clean clothes, shower facilities, healthcare services, accommodation services & free computers.

Communities at Work Crisis Support Line

Phone: (02) 6293 6500
Email: admin@commsatwork.org
Operating hours: Mon-Fri 9am-4.30pm
Delivers community services to support people who are experiencing hardship and struggling to meet their basic needs. This includes offering support for food, clothing, and crisis support.

Free Meals Calendar

Monday		
Early Morning Centre (EMC), City	City Uniting Church, 69 Northbourne Ave, City	
	7:30am-8:30am	Eat in or take-away breakfast
	9am-2pm for EMC Community Hub	Hot drinks
	12 noon-1:30pm (or until food runs out)	Eat in or take-away lunch
Vinnies Roadhouse, City	Griffin Centre, ground floor through the main entrance 20 Genge St, City	
The Salvation Army, Braddon	Community Day, 2 Fawkner St, Braddon	Fresh produce
	10am- 2pm	Eat in or takeaway lunch
	3:30-4:30pm	Snacks, tea, coffee
	4:30-5:30pm	Eat in or take-away meal
Vinnies Night Patrol Van 1 2 locations and times	7pm Belconnen Bus Interchange Lathlain St, Belconnen	Sandwiches, snacks, tea, coffee
	8pm Veteran's Park, Corner of Northbourne Ave and Bunda St, City	Sandwiches, snacks, tea, coffee
Vinnies Night Patrol Van 2 2 locations and times	7pm Old Queanbeyan Visitors Information Centre Cnr of Lowe St and Farrer Place, Queanbeyan	Sandwiches, snacks, tea, coffee
	8pm Dickson Library, Dickson Place Carpark	Sandwiches, snacks, tea, coffee

Monday continued...		
Vinnies Blue Door, Campbell	23 Quick St, Campbell (in Ainslie Village access via Hayley Street)	
	8am-1:30pm	Hot drinks
	12 noon	Hot meal
St Benedict's Community Centre, Queanbeyan	Annie's Place, 21 Brigalow St Entrance off Anne St, Karabar, Queanbeyan	
	10am-1pm	Eat in or take-away meal
Tuesday		
Early Morning Centre (EMC), City	City Uniting Church, 69 Northbourne Ave, City	
	7:30am-8:30am	Eat in or take-away breakfast
	9am-2pm for EMC Community Hub	Hot drinks
	12 noon-1:30pm (or until food runs out)	Eat in or take-away lunch
Vinnies Roadhouse, City	Griffin Centre, ground floor through the main entrance 20 Genge St, City	
	3:30-4:30pm	Snacks, tea, coffee
	4:30-5:30pm	Eat in or take-away meal
Vinnies Night Patrol Van 1 2 locations and times	7pm Belconnen Bus Interchange, Lathlain St, Belconnen	Sandwiches, snacks, tea, coffee
	8pm Veteran's Park, Corner of Northbourne Ave and Bunda St, City	Sandwiches, snacks, tea, coffee

	Tuesday continued...	
Vinnies Night Patrol Van 2 2 locations and times	7pm Old Queanbeyan Visitors Information Centre, Cnr of Lowe St and Farrer Place, Queanbeyan	Sandwiches, snacks, tea, coffee
	8pm Dickson Library at 8pm Dickson Place Carpark	Sandwiches, snacks, tea, coffee
Vinnies Blue Door, Campbell	23 Quick St, Campbell (in Ainslie Village access via Hayley Street)	Lunch
	8am-1:30pm	Hot drinks
	12 noon	Hot meal
St Benedict's Community Centre, Queanbeyan	Annie's Place, 21 Brigalow St Entrance off Anne St, Karabar, Queanbeyan 10am-1pm	Eat in or take-away meal
	Wednesday	
Early Morning Centre (EMC), City	City Uniting Church, 69 Northbourne Ave, City	
	7:30am-8:30am	Eat in or take-away breakfast
	9am-2pm for EMC Community Hub	Hot drinks
	12 noon-1:30pm (until food runs out)	Eat in or take-away lunch
Vinnies Roadhouse, City	Griffin Centre, ground floor through the main entrance 20 Genge St, City	
	3:30pm-5:30pm Provided by Hare Krishna Food For Life Program	Eat in or take-away meal

Wednesday continued...		
Vinnies Night Patrol Van 1 2 locations and times	7pm Belconnen Bus Interchange Lathlain St, Belconnen	Sandwiches, snacks, tea, coffee
	8pm Veteran's Park, Corner of Northbourne Ave and Bunda St, City	Sandwiches, snacks, tea, coffee
Vinnies Night Patrol Van 2 2 locations and times	7pm Old Queanbeyan Visitors Information Centre, Cnr of Lowe St and Farrer Place, Queanbeyan	Sandwiches, snacks, tea, coffee
	8pm Dickson Library, Dickson Place Carpark	Sandwiches, snacks, tea, coffee
Vinnies Blue Door, Campbell	23 Quick St, Campbell (in Ainslie Village access via Hayley Street) 8am-1:30pm 12pm noon	 Hot drinks Hot meal
St Benedict's Community Centre, Queanbeyan	Annie's Place, 21 Brigalow St Entrance off Anne St, Karabar, Queanbeyan 10am-1pm	 Eat in or take-away meal
Thursday		
Early Morning Centre (EMC), City	City Uniting Church, 69 Northbourne Ave, City 7:30am-8:30am 9am-2pm for EMC Community Hub	 Eat in or take-away breakfast Hot drinks

Thursday continued...		
Vinnies Roadhouse, City	Griffin Centre, ground floor through the main entrance 20 Genge St, City	
	3:30-4:30pm	Snacks, tea, coffee
	4:30pm-5:30pm	Eat in or take-away meal
Vinnies Night Patrol Van 1 2 locations and times	7pm Belconnen Bus Interchange Lathlain St, Belconnen	Sandwiches, snacks, tea, coffee
	8pm Veteran's Park Corner of Northbourne Ave and Bunda St, City	Sandwiches, snacks, tea, coffee
Vinnies Night Patrol Van 2 2 locations and times	7pm Old Queanbeyan Visitors Information Centre, Cnr of Lowe St and Farrer Place, Queanbeyan	Sandwiches, snacks, tea, coffee
	8pm Dickson Library, Dickson Place Carpark	Sandwiches, snacks, tea, coffee
Vinnies Blue Door, Campbell	23 Quick St, Campbell (in Ainslie Village access via Hayley Street)	Lunch
	8am-1:30pm	Hot drinks
	12pm noon	Hot meal
Community Meals, Fyshwick	Vision Church, 1 Lithgow St, Fyshwick	
	5:30pm-7pm	Hot meal

	Friday	
Early Morning Centre (EMC), City	City Uniting Church, 69 Northbourne Ave, City	
	7:30am-8:30am	Eat in or take-away breakfast
	9am-2pm for Community Hub	Hot drinks
Soup Kitchen (at Roadhouse), City	Griffin Centre, ground floor through the main entrance 20 Genge St, City	
	12pm-3pm Provided by Stasia's Soup Kitchen	Eat in or take-away meal
The Salvation Army, Braddon	Community Day, 2 Fawkner St, Braddon ACT 10am- 2pm	Fresh produce Eat in or takeaway lunch
Neighbourhood Soup Kitchen, Braddon	Salt House Community Centre, Haig Park Provided by Calvary Chapel United Pentecostal Church	
	5pm- 7pm	Hot food and a chat
Vinnies Night Patrol Van 1 2 locations and times	7pm Belconnen Bus Interchange, Lathlain St, Belconnen	Sandwiches, snacks, tea, coffee
	8pm Veteran's Park, Corner of Northbourne Ave and Bunda St, City	Sandwiches, snacks, tea, coffee
Vinnies Night Patrol Van 2 2 locations and times	7pm Old Queanbeyan Visitors Information Centre, Cnr of Lowe St and Farrer Place, Queanbeyan	Sandwiches, snacks, tea, coffee
	8pm Dickson Library, Dickson Place Carpark	Sandwiches, snacks, tea, coffee

Vinnies Blue Door, Campbell	23 Quick St, Campbell (in Ainslie Village access via Hayley Street) 8am-1:30pm 12pm noon	 Hot drinks Hot meal
St Benedict's Community Centre, Queanbeyan	Annie's Place, 21 Brigalow St Entrance off Anne St, Karabar, Queanbeyan 10am-1pm	 Eat in or take-away meal
	Saturday	
Early Morning Centre (EMC), City	City Uniting Church, 69 Northbourne Avenue, City 9am-1pm	 Morning tea
Vinnies Roadhouse, City	Griffin Centre, ground floor through the main entrance 20 Genge St, City 4:30pm-5:30pm Provided by Hare Krishna Food for Life Program	 Eat in or take-away meal
Vinnies Night Patrol Van 1 2 locations and times	7pm Belconnen Bus Interchange, Lathlain St, Belconnen 8pm Veteran's Park, Corner of Northbourne Ave and Bunda St, City	Sandwiches, snacks, tea, coffee Sandwiches, snacks, tea, coffee
Vinnies Night Patrol Van 2 2 locations and times	7pm Old Queanbeyan Visitors Information Centre, Cnr of Lowe St and Farrer Place, Queanbeyan 8pm Dickson Library, Dickson Place Carpark	Sandwiches, snacks, tea, coffee Sandwiches, snacks, tea, coffee

Sunday		
Early Morning Centre (EMC), City	City Uniting Church, 69 Northbourne Avenue, City 9am-1pm	 Morning tea
Vinnies Roadhouse, City	Griffin Centre, ground floor through the main entrance 20 Genge St, City 3:30pm-5:30pm	 Eat in or take-away meal
Vinnies Night Patrol Van 1 2 locations and times	7pm Belconnen Bus Interchange, Lathlain St, Belconnen 8pm Veteran's Park, Corner of Northbourne Ave and Bunda St, City	Sandwiches, snacks, tea, coffee Sandwiches, snacks, tea, coffee
Vinnies Night Patrol Van 2 2 locations and times	7pm Old Queanbeyan Visitors Information Centre, Cnr of Lowe St and Farrer Place, Queanbeyan 8pm Dickson Library, Dickson Place Carpark	Sandwiches, snacks, tea, coffee Sandwiches, snacks, tea, coffee

Other options:

Grill'd City Support – Grill'd Canberra Centre
Website: https://grilld.com.au/grilld-city-support
First Tuesday of each month from 4:30pm
On the first Tuesday of every month, we close seven of our Grill'd CBD restaurants around Australia from 4:30pm. For the rest of the night, our burger-slingers team up with Vinnies and Salvos to feed those experiencing financial difficulty and sleeping rough.

Food and Essential Goods Pantries

Food Pantries are run by community organisations and groups to provide low cost or free groceries for people in need.

Pantry contents are usually based on what has been donated and may include a variety of goods such as non-perishables, culturally appropriate foods, fruit, vegetables, cold goods, meat, bread, hygiene products, and other non-food daily necessities when available.

Please note, most pantries are closed during public holidays. Contact the individual service for confirmation.

Food Vouchers

The following services can provide food vouchers. You may need to provide proof of identity and/or participate in an assessment interview.

- **Companion House** (02) 6251 4550
- **Migrant & Refugee Settlement Services (MARSS)** (02) 6248 8577. Bring proof of visa status.
- **Prisoner's Aid** (02) 6257 4866 or (02) 6207 2800
- **Salvation Army** (02) 8775 7987 for an assessment interview. If eligible you will be referred to a local Salvation Army service.
- **St Vincent de Paul** (02) 6282 2722 to connect to volunteers in your suburb for food/fuel vouchers, hampers, which can be delivered within approximately 48 hours
- **UnitingCare Kippax** (02) 6254 1733 call ahead to book an assessment interview.

Food vouchers can be used at the following pantries.

- **Community Services #1 Food Pantry, Narrabundah** 1800 960 938 - bookings essential
- **Communities at Work, Tuggeranong and Gungahlin** (02) 6293 6500
- **Holy Cross Tuckerbox, Hackett** 0413 751 502
- **The Food Pantry, Watson** 0435 637 876
- **The Salvation Army Braddon** 0436 807 866
- **HandUp Food Care, Canberra City Care, Charnwood** (02) 6196 8630
- **The Food Co-op, Canberra City** (02) 6230 7505
- **Lyons Food Corner, Lyons** (02) 6282 1502
- **Anglicare Food Fair, Queanbeyan** (02) 6232 9272

For more information about operating hours and location, contact the service directly or see below.

Food relief services organised by area

Central Canberra

Early Morning Centre
Phone: (02) 6247 5041
Address: Uniting Church, 69 Northbourne Ave, Canberra City, ACT 2600
Operating hours: Mon-Fri 9am-2pm; Sat & Sun 9am-1pm
Provides support including free nutritious takeaway meals, hot showers and clean clothes.
Email: emcadmin@canberracityuca.org.au
Website: https://www.emc.org.au

Food Co-op Shop
Phone: (02) 6230 7505
Address: Lena Karmal Lodge, 3 Kingsley St, City, ACT 2601
Operating hours: Mon-Sun10am-7pm
Email: info@cbrfoodcoop.org.au
Website: https://cbrfoodcoop.org.au/

Junction Youth Health Service (for 12–25-year-olds)

Phone: (02) 6232 2423
Address: 30 Scott's Crossing, Canberra, ACT 2600
Operating hours: Mon-Fri 9:30am-5pm
Can provide emergency food relief for young people aged 12 to 25. Require identification to confirm age.
Email: junctioninfo@anglicare.com.au
Website: https://www.anglicare.com.au/services/youth-family/health/

St John's Care (Parish Centre)
Phone: (02) 6248 7771
Address: 45 Constitution Avenue, Reid, ACT 2612
Operating hours: Mon-Fri 9:30am-2pm.
Provide emergency assistance in the form of food, fresh fruit and vegetables.
Email: admin@stjohnscare.org.au
Website: https://www.stjohnscare.org.au

The Salvation Army Braddon
Phone: 0436 807 866
Address: 2 Fawkner St. Braddon, ACT 2612
Operating hours: Monday-Friday 9am-4pm. Walk-ins are available.
The service can provide support with food and basic household items, as well as information and referrals to other services. Fresh groceries are available on Mondays and Fridays, depending on availability.
Email: doug.renton@salvationarmy.org.au
Website: Locations | The Salvation Army Australia

Vinnies Roadhouse
Phone: (02) 6282 2722 - general number for Vinnies' services
Address: Ground Floor, Griffin Centre, 20 Genge St, Canberra, ACT 2600
Operating hours: Mon, Thu, & Sat 4:30pm-5:30pm; Tue, Wed, & Sun 3:30pm-5:30pm; Fri 12pm-2pm.
OzHarvest: groceries available during food service on Mon, Thurs, and Fri.
Provides support including free nutritious eat in or takeaway meals and connection.
Email: roadhouse@vinnies.org.au
Website: https://www.vinnies.org.au/act-surrounds/find-help/food-housing-clothing-act-surrounds/vinnies-roadhouse

Vinnies Blue Door
Phone: (02) 6282 2722 - general number for Vinnies' services
Address: 23 Quick Street, Campbell (in Ainslie Village access via Hayley Street).
Operating hours: Mon-Fri 8am-1:30pm
Provides support including free nutritious takeaway meals and connection.
Email: bluedoor@vinnies-cg.org.au
Website: https://www.vinnies.org.au/act-surrounds/find-help/food-housing-clothing-act-surrounds/blue-door-drop-in-centre

Northside

Communities at Work, Gungahlin
Phone: (02) 6293 6500
Address: Gungahlin Community Centre, 47 Ernest Cavanagh St, Gungahlin, ACT 2912
Operating hours: Mon 12:30pm-3pm; Tue-Fri 9:30am-11:30am & 12:30pm-3pm
The community pantry can provide free and heavily discounted basic food, household, and personal care items for people struggling or experiencing hardship.
Email: admin@commsatwork.org
Website: https://www.commsatwork.org/

HandUp Food – Canberra City Care
Phone: (02) 6196 8630
Address: Canberra City Care, 20 Cartwright Street, Charnwood, ACT 2615
Operating hours: Mon-Fri 10am-3pm
Free membership. Walk in during normal opening hours to fill in an application form.
Email: reception@canberracitycare.org
Website: https://canberracitycare.org/handup-food/

Holy Cross Tuckerbox
Phone: 0413 751 502
Address: Holy Cross Anglican Church, Corner of Antill St and Phillip Ave, Hackett, ACT 2602
Operating hours: Sat 1pm-4pm (entry numbers and registration commencing at 12:30pm)
Access to the food pantry requires an annual registration fee of $2 per family.
Email: tuckerbox@holycrosshackett.org.au
Contact form: https://www.holycrosshackett.org.au/contact (at the end of the page)
Website: https://www.holycrosshackett.org.au/pages/tuckerbox

Mustard Seed Uniting Food Pantry
Phone: (02) 6242 5001 **or** (02) 6242 0515
Address: Gungahlin Uniting Church and Community Centre, 108 The Valley Avenue, Gungahlin, ACT 2912
Operating hours: Thu 11am-1pm & 6pm-7pm
Available to anyone in need or on a low income. A one-off membership fee of $1 is required.
Affordable grocery items available, including toiletries and cleaning products, free fruit, vegetables, and bread.
Email: office@gungahlinuniting.org
Website: https://www.gungahlinuniting.org/?page_id=1354

The Pantry
Phone: 0435 637 876
Address: Youth with a Mission, 76 Federal Highway, Corner Zelling St, Watson, ACT 2602
Operating hours: Thu 10am-3pm. Office hours Mon 10:30-5pm, Tues-Fri 9am-5pm.
Access to food pantry requires a membership, which costs $2 per year.
Email: info@ywamcanberra.org
Website: https://www.ywamcanberra.com/

UCX Food Pantry (for all UC Students on and off campus)
Phone: 0458 712 214
Address: UC Hub, 1 Kirinari Street, Bruce, ACT 2617
Operating hours: Tue & Thu 11am-1pm; Wed 4pm-6pm. During the semester.
Free breakfast: Tue 8am-10am, at UCX Student Lounge
Low sensory hour Tue 1pm-2pm, access to students who may have sensory needs
Must be a student at the University of Canberra and show student card. Walk-ins accepted.
Email: foodpantry@canberra.edu.au
Website: https://ucx.canberra.edu.au/initiatives/ucx-food-pantry.html

UnitingCare Kippax
Phone: (02) 6254 1733
Address: Kippax Uniting Church, Corner of Luke St and Hardwick Crescent, Holt, ACT 2615
Operating hours: Mon-Fri 9am-4:30pm (excluding public holidays)
Walk-in assistance available for short-term emergency material and financial aid. The service provides food and hygiene hampers and, subject to availability and resources, can also provide grocery vouchers.
Email: info@kippax.org.au
Website: https://kippax.org.au/emergency-relief/

Southside
Arawang Emergency Relief
Phone: 0491 605 086
Address: Corner of Marconi Crescent and Kett St, Kambah, ACT 2902
Operating hours: Mon 9:30am-12:30pm (closed public holidays)
Can provide crisis support in the form of food and toiletries as well as information and referrals to other services. No appointment is needed. Access is limited to once per month.
Email: Arawang.Hub@anglicare.com.au
Website: https://www.anglicare.com.au/services/mission-community-engagement/arawang-emergency-relief-hub/

Care Hub – Capital Edge Church

Phone: (02) 6231 4447
Address: 16-32 Grattan Court, Wanniassa, ACT 2903
Operating hours: Tue & Wed 10am-4pm
Email: church@capitaledge.org.au
Contact form: https://www.capitaledgechurch.com/tuggeranong (at the end of the page)
Website: https://www.capitaledgechurch.com/carehub

Communities at Work, Tuggeranong

Phone: (02) 6293 6500
Address: Tuggeranong Community Centre, 245 Cowlishaw St, Greenway, ACT 2900
Operating hours: Mon 12:30pm-3pm; Tue-Fri 9:30am-11:30am & 12:30pm-3pm
The community pantry can provide free and heavily discounted basic food, household, and personal care items to people struggling or experiencing hardship.
Email: admin@commsatwork.org
Website: https://www.commsatwork.org/

Community Services #1 Food Pantry

Phone: 1800 960 938; (02) 6126 4700
Address: 63 Boolimba Cresent, Narrabundah, ACT 2604
Operating hours: Wed-Fri 10am-4pm
Email: reception@communityservices1.org
Contact form: https://communityservices1.org/contact-us/
Website: https://communityservices1.org/the-food-pantry/
To access the Food Pantry, make an appointment by calling 1800 960 938. Need to complete an intake form. Maximum purchase $40.

Lanyon Food Hub – YWCA

Phone: (02) 6185 2090
Address: Mura Lanyon Youth and Community Centre, 22 Sidney Nolan St, Conder, ACT 2906
Operating hours: Mon-Fri 9am-4:30pm
The Food Hub includes a pantry-style system with a mixture of non-perishable, fresh produce, refrigerated, and frozen items. Call ahead if needing access outside these times, and the service will make arrangements to the best of their ability.
Email: mlycc.manager@ywca-canberra.org.au
Website: https://ywca-canberra.org.au/community-service/food-hub/

Lanyon Pantry – Gordon Community Centre

Phone: (02) 6284 7003
Address: Gordon Community Centre, 110 Lewis Luxton Ave, Gordon, ACT 2906
Operating hours: Tue, Wed, & Fri 10am-3pm
Emergency food relief and personal care items are available to assist people experiencing hardship. No health care card or pension card required. Access to the Pantry is limited to a maximum of one visit per month.
Email: gordon@anglicare.com.au
Website: https://www.anglicare.com.au/services/mission-community-engagement/gordon/

The Little Pantry
Phone: (02) 6282 2644
Address: Woden Community Hub, Westfield Woden, Office Suite 003 (near Commonwealth Bank), Keltie St, Phillip, ACT 2606
Operating hours: Mon-Fri 9am-5pm
People visiting the service can receive an emergency pack with a small number of non-perishable foods and personal items.
Walk-in service runs every Thursday from 2pm-4pm, where you can self-serve and pick out items that you need.
Email: info@wcs.org.au
Website: https://www.wcs.org.au/services/community-services/the-little-pantry/

Lyons Food Corner
Phone: (02) 6282 1502
Address: Lyons Church of Christ, 2 Marrawah St, Lyons, ACT 2606
Operating hours: Mon 1:30pm-2:30pm (except during school holidays)
Annual membership to access the food pantry is $2. Members are then able to access a range of grocery items at minimal to no cost.
Email: admin@lyons.org.au
Website: https://lyons.org.au/food-corner/

The Pantry
Phone: (02) 6296 7701
Address: Awaken Church, 490 Sulwood Drive, Kambah, ACT 2902
Operating hours: Wed 9:30am-11:30am
The service provides grocery items at substantially reduced prices to assist people experiencing financial hardship. No concession card needed.
Email: info.canberra@awakenchurch.life
Website: https://awakenchurch.life/missions
Facebook: https://www.facebook.com/thepantryCBRS

Oaks Estate

Vinnies' Community Room
Phone: 13 18 12 Emergency Relief Helpline for Vinnies' services
Address: 6/20 George St, Oaks Estate, ACT 2620
Operating Hours: Mon-Fri 8:00am-4:30pm
Provides a range of services for social and community residents along River and George Streets, Oaks Estate including computer usage clothes storage and emergency relief including tinned foods, toiletries, and other essential items. There is a kitchen and bathroom available for visitor use. The main living area includes a couch, TV and tables set up to support food deliveries from OzHarvest (weekly) and SecondBite (twice weekly).
Email: info@vinnies-cg.org.au
Website: https://www.vinnies.org.au/act-surrounds/find-help/food-housing-clothing-act-surrounds/community-inclusion-program

Queanbeyan

Food Fair at Anglicare Retail

Phone: (02) 6232 9272 Operating
Address: 170 Crawford St, Queanbeyan, NSW
Operating hours: Tues-Fri 10:30am-4pm
Food Fair memberships are available with a small sign-up fee, and applicants must have a Centrelink card, a Health Care Card, or a proven low income.
Email: food.fair@anglicare.com.au
Website: https://www.anglicare.com.au/services/housing-crisis-support/emergency-food-relief

Yass

Yass Vine Community FoodCare

Phone: (02) 6226 1444
Address: 66 Lead St, Yass, ACT
Operating hours: Thurs 10am-5pm
Anyone with a Centrelink concession card or who just needs help are welcome to join. Access to the food pantry is via membership of $2 per year.
Email: vinecommunityfoodcare@gmail.com
Website: https://www.yassvinechurch.com.au/yvc_23/?page_id=30

Culturally Sensitive Crisis and Food Services for Migrant and Refugee People

HelpingACT – Food Relief Service

Phone: 0481 614 357
Address: 14 Daniels Street, Franklin
Operating hours: On request
Urgent food needs may be addressed by visiting the following pantries:

- Dignity and Desire women and Baby Street Pantry, 37 Jabanungga Avenue, Ngunnawal
- Ainslie Community Pantry located in a disused bus stop on Majura Road near Dickson College
- Ngunnawal Street Pantries, 22 Bullala Court, Ngunnawal

Email: contact@helpingact.org
Website: https://www.helpingact.org/help
Submit a request using the Request for Help Form https://www.helpingact.org/help and the service will contact you to arrange a time when the food can be collected.

MARSS Australia Inc – Migrant and Refugee Settlement Services

Phone: (02) 6248 8577
Location: Theo Notaras Multicultural Centre, Level 2, 180 London Circuit, Canberra City
Operating hours: Mon-Fri 9am-5pm
Emergency relief for individuals and families experiencing financial stress, for migrant, refugee, and other people who arrived in Australia less than 5 years ago. Support is available in the form of supermarket vouchers and culturally appropriate food hampers. MARSS can also assist with other forms of emergency relief, including bills.
Email: info@marss.org.au
Contact form: https://marss.org.au/contact-us/
Website: https://marss.org.au/



Contact us today to

- Find out more about these and other community services in the Canberra region.
- Add or update your services in our info guides.

Email
info@volunteeringact.org.au

Phone Number
02 6248 7988

Website
www.volunteeringact.org.au

Opening hours
Monday to Friday
10am - 4pm

Location
Ground floor, Griffin Centre, Genge Street, Canberra City, ACT 2601

